**Class:** PE, Gr.3 **Instructor:** Miss Kobbert

**Date:** Thursday, October 6th 2016

**Time:** 30 Minutes

**Topic: Actively Getting to Know Each Other**

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| **Objective:** * **Students will work together, play fair with others and share space while playing tag games with each other.**

**Key Questions:*** **Can I share ideas, space and equipment when participating cooperatively with others?**
* **How do I play fair with others?**
* **How do I communicate to work well with a team?**
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| **General and Specific Learning Outcomes:**Students will:**General Outcome A*** **Specific Outcome A3-1:** respond to a variety of stimuli to create locomotor sequences
* **Specific Outcome** **A3-5:** demonstrate ways to receive, retain and send an object, using a variety of body parts and implements; and, perform manipulative skills individually and with others while using a variety of pathways
* **Specific Outcome** **A3-10:** perform and play lead-up games and demonstrate elements of space awareness, effort and relationship

**General Outcome C*** **Specific Outcome C3-3**: identify and demonstrate etiquette and fair play
* **Specific Outcome C3-5**: display a willingness to share ideas, space and equipment when participating cooperatively with others

**General Outcome D*** **Specific Outcome D3-1**: express a willingness to participate regularly in physical education class
* **Specific Outcome D3-3:** demonstrate the ability to listen to directions, follow rules and routines, and stay on task while participating in physical activity
* **Specific Outcome D3-4:** demonstrate and participate in safe warm-up and cool-down activities
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| **Differentiation/Modifications:** | **Materials/Technology Needed:** |
| **Differentiation:**Rock, Paper, Scissors can be done in full body movements or just like normal with hands.The tag games can be varied in how they are played. Instead of running to tag each other, students can animal crawl/walk. **Modifications:**More time can be spent on games that work well with the student group. | * Hula-hoops
* 10 Soft medium sized balls
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| **Time** | **Content/Description** | **Assessment Strategy** |
| 10 mins. | **Warm-up Activities:** Amoeba Tag* Take students to the gymnasium or outdoors if weather permits.
* Gather students in a circle and explain to them that to warm up for gym class, we will play Amoeba tag.
* One student will be it and when they tag someone that person links arms with them. People that they tag continue to link arms until there is enough for them to split into pairs.
* This goes on until there is only one person left.
 | After explaining the rules to the games, ask a couple of student volunteers to demonstrate the tag rules. |
| 15 mins. | **Procedures/Activities:** Team Games* **Hula Hoop Pass** - Explain to students that to work on teamwork we will attempt the hula-hoop pass challenge. Split students into two groups on both sides of the gym. Have students hold hands and place a hula-hoop in the linked chain.
* Explain to each group that their goal is to pass the hula-hoop around the circle without breaking hands. Have each group practice this, before timing the groups.
* **Dodge ball and Doctor Dodge ball** - Students will be split into two teams. The balls will be placed in the middle of the gym. Each team will try to throw the ball and hit someone on the opposite team. If they get hit they have to join the other team. In doctor dodge ball they have to choose a doctor and that person can save them if they get hit. If the doctor gets hit then they can’t save any one anymore.
 | Observe students during games and activities to see how the students interact with each other, how they communicate and demonstrate leadership and team skills.Watch for how they play with others and note if it is fair etiquette. After explaining the rules to the games, ask a couple of student volunteers to demonstrate the tag rules. |
| 5 mins. | **Closure (Sponge Activity)*** **Silent Ball** - For the last 5 minutes of class have students sit in a wide circle, cross-legged with their hands on their knees.
* Explain to students that no one is aloud to talk; if they do they are out of the circle. When they are out they have to lay on their bellies.
* One student will start with the ball and roll it to another student. The student receiving the ball has to catch it with their hands. If the student fails to catch it or talks they have to leave the circle. Continue passing the ball until everyone is out.
 | Make notes on students as they demonstrate participation, effort and safety requirements. |

**Lesson Reflection/Notes:**